

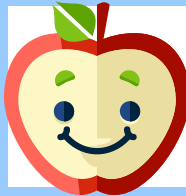
Back to School During COVID-19

CDC offers these health tips that will make for a successful school year for students, teachers, school staff and their families.

Help children with special health care needs.



Take COVID-19
Seriously



Mental Health is key
to learning



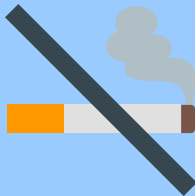
Vaccinations
save lives



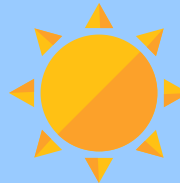
Washing hands
stops germs



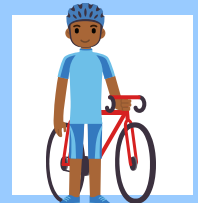
Eat well, be
active and get
enough sleep



Be tobacco free



Stay cool in the
heat



Protect your
head

Hemophilia Fact Sheet (For Schools)



What Teachers Should Know:

Hemophilia is a genetic disorder that prevents blood from clotting properly. People with hemophilia may bruise and bleed easily, and they may bleed a lot or for a long time after an injury. Bleeding can occur anywhere in the body, including in the joints, muscles, brain, or digestive tract.

Some people have mild hemophilia, some moderate, and some more severe.

Students with hemophilia may:

- need to go to the school nurse for medicines or to check bruises, cuts, or bleeding
- miss class time and assignments due to doctor visits
- have a port implanted in their chest for infusions
- wear a helmet and other protective equipment
- need changes to the classroom environment
- feel embarrassed or overwhelmed about their medical condition

What Teachers Can Do:

Any injury to a student with hemophilia, especially to the head, should be treated as an emergency – get medical help right away. Make sure your students with hemophilia have individualized care plans, and be ready to respond as explained in the plan.

Let assignments and class work be made up at home in cases of absences or missed class time. In some cases, homebound instruction or tutoring might be appropriate.

Exercise is important for kids and teens with hemophilia because it makes their muscles stronger, which protects the joints. Contact sports are not safe, but students can do a variety of other activities. Talk to parents about which physical activities are OK and which are off limits.